



FOR IMMEDIATE RELEASE

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One Night, One Goal: Join us for Sleep Out Saturday this Fall

Glen Ellyn, IL, August 23, 2019—One night of sleeping outside. One goal to help the homeless families of Bridge Communities. If you or your group is looking for an experience that will:

- Build empathy,
- Lead to a better understanding of poverty in your community, and
- Support ways to end homelessness, then **Sleep Out Saturday is right for you!**

Raise critical funds and spend a frosty night outside in boxes, tents and cars, all to provide housing for the 130+ homeless families served by Bridge Communities this winter.

You Pick the Date!

The countywide sleep out will be held on Saturday, November 2, but 2019 marks the first "You Pick the Date" sleep out event! **Sign your group up to participate for any night convenient to you between October 5-December 7.**

Personalize Your Sleep Out Saturday Experience

Whether it's your group's first year or your tenth year participating in Sleep Out Saturday, Bridge Communities is there to help you to make it the best experience possible! We

offer complete Sleep Out Saturday toolkits with activities, movies and more, to make your experience memorable and life-changing.

Plus, this year we're offering visits from Bridge Communities staffers and client speakers to your Sleep Out site, to share personal stories of homelessness and how you're making a difference!

To register, visit www.sleepoutsaturday.org. Please contact Margo Matthew at margo.matthew@bridgecommunities.org or 630-403-5091 with any questions. Thank you for making an impact in our community and fighting homelessness!

Photos available upon request.

Bridge Communities is a non-profit 501(c)3 organization whose mission is to provide housing, mentoring and supportive services to homeless families in DuPage County. Bridge Communities' vision is a community where all families have safe, sustainable and affordable housing and life-long self-sufficiency. In the past 30 years, Bridge Communities has helped 850 families cross the bridge from homelessness to hope and self-sufficiency. For more information, please visit www.bridgecommunities.org.